

DECEMBER 2018

EAGLE'S NEST ACADEMY

"or:" = An alternative selection to choose.
 "WG"=Whole Grain
 1% White & Fat Free Chocolate Milk available daily.

Monday	Tuesday	Wednesday	Thursday	Friday
WW Pizza Slice 3 Romaine w/ Dressing Fresh Orange 1% White or FF Flavored Milk	Hot Philly Steak & Cheese Sub 4 Potato Wedges Diced Pears 1% White or FF Flavored Milk	Chicken Fries 5 w/ BBQ Sauce and WG Goldfish Baked Beans Mixed fruit 1% White or FF Flavored Milk	Beef Hot Dog On WW Bun 6 Tossed Salad with Ranch Fresh Banana 1% White or FF Flavored Milk	Chicken Nuggets w/ Goldfish Crackers 7 Romaine w/ Dressing Fresh Apple 1% White or FF Flavored Milk
WW Pizza Slice 10 Baby Carrots w/ Ranch Fresh Orange 1% White or FF Flavored Milk	Chicken Fajita Sub on WG Bun 11 Baked Beans Diced Peaches 1% White or FF Flavored Milk	Meat Loaf 12 w/ WW Dinner Roll Mashed Potato Mixed fruit 1% White or FF Flavored Milk	Turkey Chorizo & Cheese Nachos 13 with WG Corn Chips Mexican Salsa Fresh Banana 1% White or FF Flavored Milk	Meatballs & Gravy 14 with WW Dinner Roll Baked Green Beans Fresh Apple 1% White or FF Flavored Milk
WW Pizza Slice 17 Fresh Broccoli & Ranch Dressing Diced Pears 1% White or FF Flavored Milk	Turkey Burger on WW Bun 18 Diced Potatoes Diced Peaches 1% White or FF Flavored Milk	Texas Chili w/ Cornbread 19 Romaine w/ Dressing Mixed fruit 1% White or FF Flavored Milk	Chicken & Bean Burrito with WW Tortilla 20 Mexican Pinto Beans Fresh Banana 1% White or FF Flavored Milk	Breaded Chicken Patty On WW Bun 21 Stir Fry Vegetables Fresh Apple 1% White or FF Flavored Milk
No School 24	No School 25	No School 26	No School 27	No School 28
No School 31				



****MENU IS SUBJECT TO CHANGE****

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